



Tablets for Seniors: Bridging the Digital Divide

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The Digital Divide



- Device Ownership: 18% in 2013 to 83% (age 50–64) and 61% (age 65+) in 2021
- Broadband Access: 64% of those ages 65 and older, compared with 86% of those 30 to 49 and 79% of those 50 to 64.
- Less likely to integrate internet use into everyday activities
- Some older adults find it easier to use tablets than cellphones or laptops

1. Faverio M. *Share of Those 65 and Older Who are Tech Users Has Grown in the Past Decade*. Pew Research Center. <https://www.pewresearch.org/fact-tank/2022/01/13/share-of-those-65-and-older-who-are-tech-users-has-grown-in-the-past-decade/>. Accessibility verified February 3, 2022.

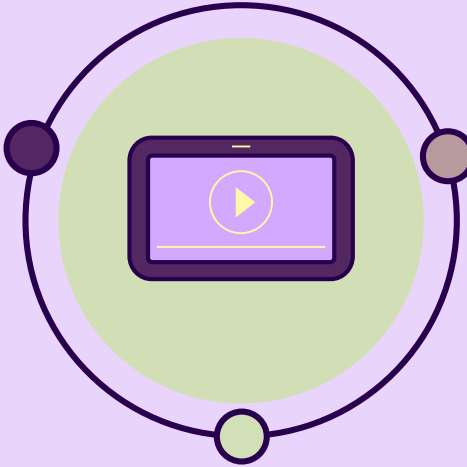
2. Quan-Haase A., Williams C., Kicevski M., Elueze I., Wellman B. (2018). Dividing the grey divide: Deconstructing myths about older adults online activities, skills, and attitudes. *Am. Behav. Sci.* 62 1207–1228.

3. Chan M., Haber S., Drew L., Park D. (2016). Training older adults to use tablet computers: Does it enhance cognitive function? *Gerontologist* 56 475–484. 10.1093/geront/gnu057

The Approach

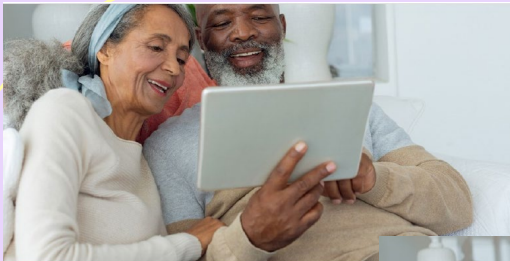
Tablet Education

Tablet lending program
and curriculum



Virtual Programs

Access to online
programs



TABLETS FOR SENIORS

PROGRAMA DE CAPACITACIÓN EN EL USO



Distribuido por:
El Centro de Recursos contra el Alcohol y las Drogas
Un Programa de Asistencia Infantil y Servicios para las
Familias
22-08 Route 208 South
Fair Lawn, NJ 07410
201-740-7069
www.tcadr.org

Este plan de estudios está basado en Samsung Galaxy Tab S5e con softw

Edición:



TABLETS FOR SENIORS

TABLET TRAINING PROGRAM



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EDITION: MARCH 2022

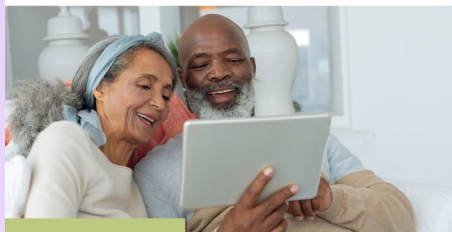


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Learner's Guide

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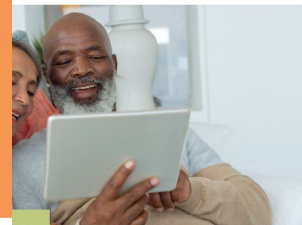


Tablets for Seniors

Guía del alumno

Centro de Recursos contra el Alcohol y las Drogas
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89%

participants demonstrate an increase in knowledge about how to use a tablet

79%

participants demonstrate increased confidence in his/her digital technology skills

Likely

Average liklihood of continued tablet use





CHALLENGES

Access to the technology
Language
“Too old” to learn
Frustration
Prefer in person program
Lack of human interaction
Bad experiences
Government tablet with no instruction
Lack of interest



SOLUTIONS

Facilitator traits: patient, calm, and understanding
Validation of experiences & feelings
Positive reinforcement
Stating benefits
Combat isolation
Access resources in your community
Let's learn 3 things

Resources

Tablets for Seniors Curriculum	Email: the center@cafsnj.org
AARP Personal Technology Resource Center	https://www.aarp.org/home-family/personal-technology/?intcmp=AE-HFSUBNAV-TECH
CyberSeniors	https://cyberseniors.org/
Generations Online - Online curriculum	www.generationsonline.org/apps
OATS (Older Adults Technology Services): National hotline for tech support	888-713-3495

Do you have any questions?
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THANKS!

